

WEEK ONE

MONDAY

Meat Free Monday
Macaroni Cheese served with bloomer bread
Falafel with folded flat bread, served with a dip and salad pot
Jacket potato with cheese and beans
Seasonal vegetables
Salad bar

Fruit lolly
Yoghurt
Fresh fruit
Ice-cream factory

TUESDAY

Butchers burger or Pork & Apple burger served in a warm bun
Pasta Cauliflower and broccoli bake
Jacket potato with cheese, beans or tuna
Seasoned jacket wedges
Sweetcorn
Cucumber salad
Salad bar

Eton mess
Yoghurt
Fresh Fruit

WEDNESDAY

Roast of the day served with Yorkshire Pudding
BBQ Quorn fillets served with Yorkshire Puddings
Jacket potato with cheese, beans or tuna
Roast Potatoes
Broccoli
Sliced Carrots
Salad bar

Fresh fruit salad
Yoghurt
Cheese & biscuits

THURSDAY

Cheese & potato pie
Chilli con carne made with baked beans served with tortilla chips and wholegrain rice
Jacket potato with cheese, beans or tuna
Seasonal vegetables
Salad bar

Ice cream cornet
cupcakes
Yoghurt
Fresh fruit

FRIDAY

Sausages
Quorn frankfurter frittata
Jacket potato with cheese, beans or tuna
Crispy chips
Peas
Salad bar

Cornflake
Crunchies
Yoghurt
Fresh fruit

WEEK TWO

MONDAY

Meat Free Monday
Cheese & tomato pizza
Bakes sweet potato with red pepper and halloumi
Jacket potato with vegetarian bolognese or beans
Salad bar

Fruit Smoothie
Yoghurt
Fresh fruit

TUESDAY

Hunters Chicken
Sweet & sour Quorn with noodles
Jacket potato with cheese, beans or tuna
Seasoned jacket wedges
Apple & orange salad
Cucumber salad
Salad bar

Summer Trifle
Yoghurt
Fresh fruit

WEDNESDAY

Butchers sausage served with Yorkshire Pudding
Vegetarian Sausage served with Yorkshire Pudding
Jacket Potato with cheese, beans or tuna
Crispy potato slices
Seasonal vegetables
Salad bar

Melon Platter
Yoghurt
Cheese & biscuits

THURSDAY

BBQ Pulled pork wrap
Cheese, onion & potato pie
Jacket potato with cheese, beans or tuna
Wholegrain rice salad
Sweetcorn
Apple, celery & sultana salad
Salad bar

Strawberry & cream cupcake
Yoghurt
Fresh fruit

FRIDAY

Fish fingers
Quorn dippers
Jacket potato with cheese, beans or tuna
Crispy chips
Peas
Salad bar

Carrot cake with citrus frosting
Yoghurt
Fresh fruit

WEEK THREE

MONDAY

Meat Free Monday

Seasoned Quorn meatballs served with an optional tomato sauce and wholegrain rice

Jacket potato with cheese, beans or beans and Quorn frankfurters

Bloomer bread

Seasonal vegetables

Salad bar

Jammy doughnut cupcake

Yoghurt

Fresh fruit

TUESDAY

All Day Breakfast bap (thin slices of omelette, bacon and sausage served in a floured bap)

Southern style Quorn burger served in half a pitta with salad

Jacket potato with cheese, beans or tuna

Sweet potato fries

Seasonal vegetables

Salad bar

Fresh fruit

Yoghurt

WEDNESDAY

Roast of the day with Yorkshire pudding & gravy

Braised Quorn fillet with Yorkshire pudding & gravy

Jacket potato with cheese, beans or tuna

Roast potatoes
Seasonal vegetables

Salad bar

Chocolate Arctic roll

Yoghurt

Fresh fruit

THURSDAY

Beef lasagne

Wholegrain pasta topped with a tomato and basil sauce with grated cheese

Jacket potato with cheese, beans and tuna

Garlic bread

Salad bar

St Clements cake

Yoghurt

Fresh fruit

FRIDAY

Fish

Cheese & asparagus quiche

Jacket potato with cheese, beans or tuna

Crispy chips

Baked beans

Peas

Salad bar

Banoffee Crunch

Yoghurt

Fresh fruit